



НАЦИОНАЛЬНЫЙ
ПСИХОЛОГИЧЕСКИЙ
журнал
НАУЧНО-АНАЛИТИЧЕСКОЕ ИЗДАНИЕ



GUIDELINES

**ON PREPARATION MANUSCRIPTS FOR PUBLICATION IN THE
«NATIONAL PSYCHOLOGICAL JOURNAL»**

Moscow, 2022

Lomonosov Moscow State University

Established in 2006, a scientific and analytical publication "**National Psychological Journal**" has been issued by the Faculty of Psychology of Lomonosov Moscow State University. The journal is published with the support of Russian Psychological Society.

Chief Editor of the journal is the Academician of the Russian Academy of Education, Doctor of Psychology, Professor Yury P. Zinchenko.

The journal publishes the results of interdisciplinary research revealing the psychological component in related sciences: pedagogy, philosophy, history, natural science, philology, political science, economics, medicine, and cultural studies. Majority of studies are focused on the development of relevant and comprehensive knowledge about a person and promising methods and technologies for its application in psychological practice. While preparing manuscripts for publication, we focus on the quality of research papers, their relevance, novelty, and compliance with the requirements for articles in modern scientific periodicals.

Editorial office of the journal provides open access to all materials immediately after their publication. Publications in the journal are free of charge.

The manuscript should include the following sections: the article title, surnames and initials of the authors, information about the authors, abstract, keywords, text of the article, bibliography, and references.

1. Article Title

The title is centered and in bold. The first word of the title starts with a capital letter, the rest of the words are in a lowercase letter (except for proper names and abbreviations). There should be no period at the end of the heading. The same rules are used when translating the title.

Example:

Professional thinking as a cognitive resource for the specialists of socioeconomic professions

2. Information about Authors

The surnames and initials of the authors are indicated in the next line after the title. The initials of name, patronymic, then the author's surname (in full) is indicated. The author's name is left-aligned and highlighted in bold. After the full name there is no dot or comma.

In case the author works in several institutions, information about each organization is indicated after the author's name on different lines and associated with the name by means of superscripted numerical indices.

Example:

A.A. Petrov*¹, V.V. Sidorov²

¹Moscow State University named after M.V. Lomonosov, Moscow, Russia, petrov@mail.ru,
<https://orcid.org/0000-0003-1288-7561>

²Center for Contemporary Childhood Research, Institute of Education, National Research University «Higher School of Economics», Moscow, Russia, sidorov@mail.ru,
<https://orcid.org/0000-0003-1288-7561>

*For contacts: petrov@mail.ru

The e-mail address of the author responsible for correspondence is indicated by the symbol * and is put twice (see Example).

At the end of the article, full information about the authors to be given in Russian and English, which includes full name, academic title, academic degree, name of the department, faculty, and university. After designating the place of work, you must specify the ORCID number.

Example:

Ivan I. Ivanov – PhD in Psychology, Associate Professor, Associate Professor at the Department of Psychology of Northern (Arctic) Federal University named after M.V. Lomonosov (NArFU)
<https://orcid.org/0000-0000-0000-0000>
E-mail: Ivanov@mail.ru

3. Abstract and Keywords

The abstract is a summary of the article content, which is published in Russian and English (200–250 words).

The abstract must include the following points:

Relevance of the article subject (Background). Description of the importance of the problem under study in a given period of time, the urgency of the study (2-3 phrases), directly leading to the purpose of the study.

Purpose (Objective). The purpose of the study can be broken down into 2–3 specific tasks (clarifying hypotheses).

Description of the research progress (Design).

Research methods. Description of the sample.

Results. Statistically significant results of mathematical processing (ideally - with indication of p values). Confirmed and not confirmed hypotheses.

Conclusion. Qualitative findings: generalization of the obtained results and necessary directions for further research.

Practical use of the results.

Keywords are the main terms of the article that reflect its essence.

Usually these are at least 5 basic concepts used in the article that are presented in Russian and English. Jargon and overly long phrases should not be used as keywords. Subheading «**Keywords:**» is placed at the beginning of the line, typed in bold italics, after the colon followed by keywords separated by commas. At the end of their list there is a full stop.

Funding Information

Annotations and keywords are followed by information about funding and acknowledgments in Russian and English preceded by the words **Funding and Acknowledgments.**

4. Text of the Article

The content of an article is divided into the following sections:

- Introduction
- Description of the research progress
- Methods
- Sample
- Research results
- Discussion of the results
- Practical use
- Conclusion
- List of sources
- References

The manuscript volume, including text, bibliography and references, tables and figures, should not exceed 40 thousand characters with spaces. Attention: exceeding the volume may serve as a basis for refusal to publish.

The text of the article must be typed in Times New Roman, size 14, line spacing 1.5, justified alignment.

Document fields should be set as follows:

left margin - 3 cm, right margin - 1.5 cm; top and bottom - 2 cm each.

First line indent - 1.25 cm.

Hyphenation is not used in the text of articles. The pages of the manuscript must be numbered at the bottom of the sheet on the right using the automatic number insertion function.

Abbreviations. All abbreviations must be fully deciphered at the first use, with the exception of generally accepted abbreviations of mathematical quantities and terms.

Making links in the text

References to literature in the text of the article should be accompanied by a reference to the source of literature. For this, off-text bibliographic references are used. All sources included in the bibliography should be presented in parentheses. The reference contains the author's surname and the year of publication. A comma is placed after the author's surname. The initials of the author are not indicated.

Example:

(Vygotsky, 2001).

If there are several authors, then the names are separated by a comma.

Example:

(Soldatova, Pogorelov, 2018).

If there is a citation, then the author's surname should be given in parentheses with indicating the pages. The same rule applies to foreign links.

Example:

(Speshnev, 2014, p. 132).

(Levinson, 1978, p. 61)

Different authors are listed sequentially and separated from each other by a semicolon. Russian-speaking surnames are given first (if any), then foreign ones. The same rule applies to the foreign authors references.

Example:

(Gordeeva, 2011; Blackmore, 1993a; 1993b; Kellehear et al., 1994)

Tables

Tables are created in MS Word or MS Excel.

The word “Table” and its corresponding number are left-aligned and highlighted in bold. The table title is indicated on the same line as its number. There is no dot at the end. Tables are numbered consecutively.

If it is necessary to refer to a table in the text, the entry looks as follows:

Example: "In the table 5 shows data analysis..."

If there is only one table in the publication, the table number is not indicated, while the design remains the same. Please note that in the Russian version of the table, digital designations are given with a comma (0.82), and in English - with a dot (0.82).

Example:

Table 3. Descriptive statistics for high and low somatization groups

Criterion	Somatization	
	high >0.7	low ≤0.7
number of replies	118	316
word count	1505	4430
% men	18.2%	81.8%
% women	29.1%	70.9%

Figures

All figures must be included in the text of the article in their respective places. Figures, graphs, diagrams in the text should be numbered and titled. The drawing must be understandable, clear, the inscriptions must correspond to the content of the text. The title is indicated strictly under the figure. When specifying a figure, one should write, for example, “**Fig. 1**” in bold.

5. Requirements for designing lists of sources

Bibliography and References are formatted according to the American Psychological Association (APA) requirements (Manual-16th Edition).

6. Technical requirements for designing manuscripts

To submit a manuscript, it is necessary to prepare an article, information about authors, source materials for figures and tables. In the titles of the files, indicate the author’s surname and initials, for example, *Ivanov V.V._article*, *Ivanov V.V._information*, *Ivanov V.V._table*. If the files are large, we recommend to archive them in ZIP format. All materials to be sent to the e-mail address of the journal.

Contacts

Send manuscripts to:

Executive Secretary - Irina Surilova

E-mail: npjour@mail.ru